

outdoor adventure

2007 GUIDE



This is
NOVA SCOTIA
Canada's Seacoast

Kejimikujik



Wasson's Bluff



Clam Harbour



Reserve your time with nature



Nova Scotia boasts 7600 kilometres (4750 miles) of seacoast with some of the most amazing natural wonders and diverse landscape in the world. No matter where you are in the interior of the province you are only a 2-hour drive to the coast. From sandy beaches and rugged cliffs to pristine lakes, dramatic coastal headlands and lush farmland, Nova Scotia is all of this and more.

Catch a sunset you will never forget on Cape Breton's famous Cabot Trail. It's 300 kilometres (185 miles) of scenic ocean highway. Feel the ocean's spray on your face as the pounding surf hits the rock, and soak up gold and pink hues on the endless blue sea to fill your imagination and permanently colour your dreams.

Spend a day amid the natural marvel of the Bay of Fundy, and witness whales breaching in the highest tides of the world. From on top of 200-metre high (600-ft) cliffs, watch the tide rise over 40 ft. Six hours later the tide will be out—beachcomb 100,000 acres of red ocean floor. Walk in the same spot where whales frolicked only hours earlier. Explore the rock formations and sea caves that the masterful hand of 100 billion tons of seawater carves out twice each day.

Where cliffs and ocean collide, each view is more breathtaking than the last.

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coastal hiking

puts the world at your feet

Cape North



Balancing Rock



Crystal Crescent



Cape Chignecto



Nova Scotia has an endless array of pure natural beauty in our coastline and breathtaking landscapes that provide hundreds of front and back country trails through striking coastal headlands and pristine forests.

Refresh your body, mind and spirit as you hike along the rugged cliffs of **Cape Chignecto**. Soak in the lush green terrain dotted with world orchids and other blasts of colourful flora. Walk the ocean floor in search of seacaves and semi-precious stones or negotiate a coastal footpath descending into a trio of deep coastal canyons.

300 year-old hemlock forest and the spectacular **Big Dam Trailhead** are must-see parts of the **Liberty Lake Trail** in **Kejimikujik National Park**. It's the longest dedicated footpath in the province.

Put the world in perspective from any one of the hundreds of spectacular scenic look-offs like **Broad Cove Mountain Look-Off** in **Cape Breton Highlands National Park**, or the **Devil's Bed Look-Off** perched dramatically 150 m (nearly 500 feet) above the Economy River.

White Lake Wilderness Trail is designed for those who enjoy a challenge with a footpath that alternates constantly between gully and bluff, frequently skirting around massive granite boulders. The reward is a number of look-offs (and suitable resting-places) with views of the many lakes and granite knolls that make up the provincially-protected White Lake Wilderness Area.

Once the good word gets out to the European and American hikers, Cape Chignecto will become an international attraction, because hikers here find one of eastern Canada's most compelling lengths of shoreline.

Los Angeles Times



Take A Hike provides highlights of some of Nova Scotia's premier walking and hiking opportunities. Download a copy of this brochure on line at **novascotia.com**.

Hikers, campers and nature lovers of every stripe will be struck by the beauty, variety and sheer number of Nova Scotia's beaches, trails and parks. With 125 provincial parks and 2 national parks, Nova Scotia is rich with seacoast experiences to enjoy.

Relax and soak up the warmth at **Melmerby Beach** or **Caribou/Munroes Island Provincial Parks** or get acquainted with the South Shore while camping at **Thomas Raddall** or **Graves Island Provincial**

Parks. Cape Chignecto Provincial Park is the largest provincial park in Nova Scotia with 4,200 hectares home to one of the most majestic coastal trail systems you'll find in North America. The park showcases the pristine coastline of the Fundy Shore with deep valleys, sheltered coves, rare plants, and remnant old-growth forests.

Enjoy challenging hikes and beach combing at **Five Islands** and **Blomidon**, where the world's highest tides surge beneath the towering sea cliffs. Strike out across the windswept cliffs, winding trails and deep-walled canyons to a wilderness campsite. Pull your trailer or RV into one of our many comfortable pull-up campsites.

Plan a route around the province that takes you to a different beach or two every day. The diversities of the regions are represented in the types of beach you'll find here, such as sea-washed cobblestones near **Halifax**, stretches of white sand in **Queens County** and the red sands of the **North Shore**.

Find a fossil and discover a clue to the dawning of the dinosaur age at the fossil cliffs of **Joggins** or **Inverness County**. Millions of years of plant matter and sediment reveal their prehistoric secrets at these accessible, internationally significant fossil deposits.

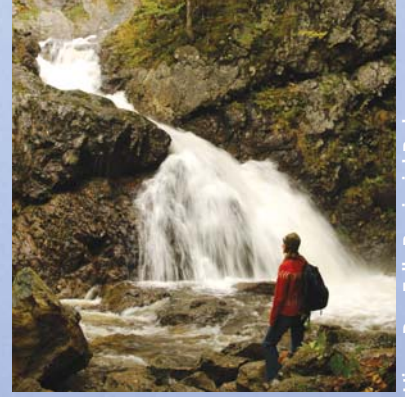
Wasson's Bluff — it's a stark and surreal landscape but what you see on the surface only hints at its true allure.

Explore Magazine



Nova Scotia's parks offer a wealth of outdoor recreational experiences. For complete information on Nova Scotia's Provincial Parks, visit <http://parks.gov.ns.ca> or to make campsite reservations, call **1-888-544-3434**.

Parks, Beaches and more to explore!



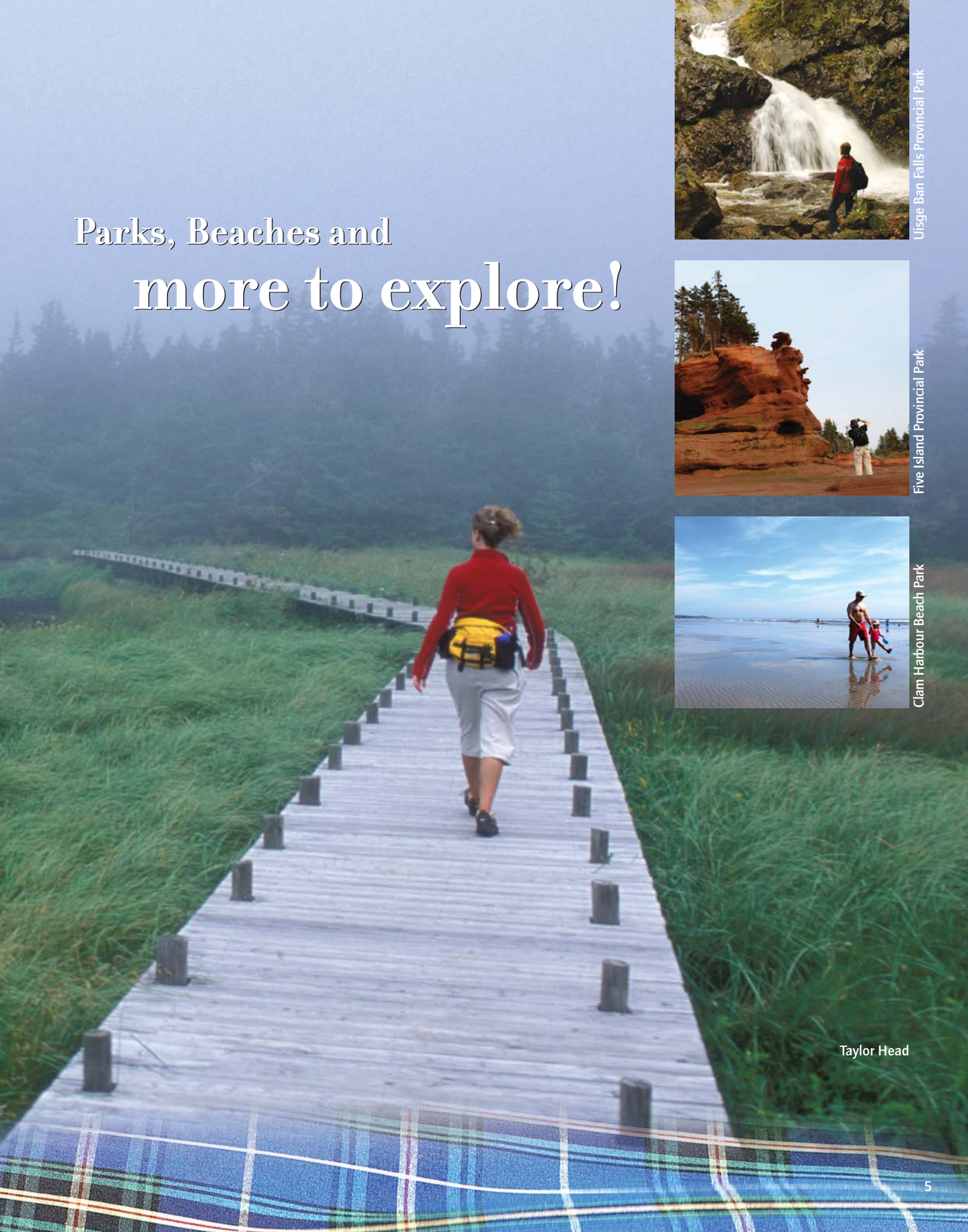
Uisge Ban Falls Provincial Park



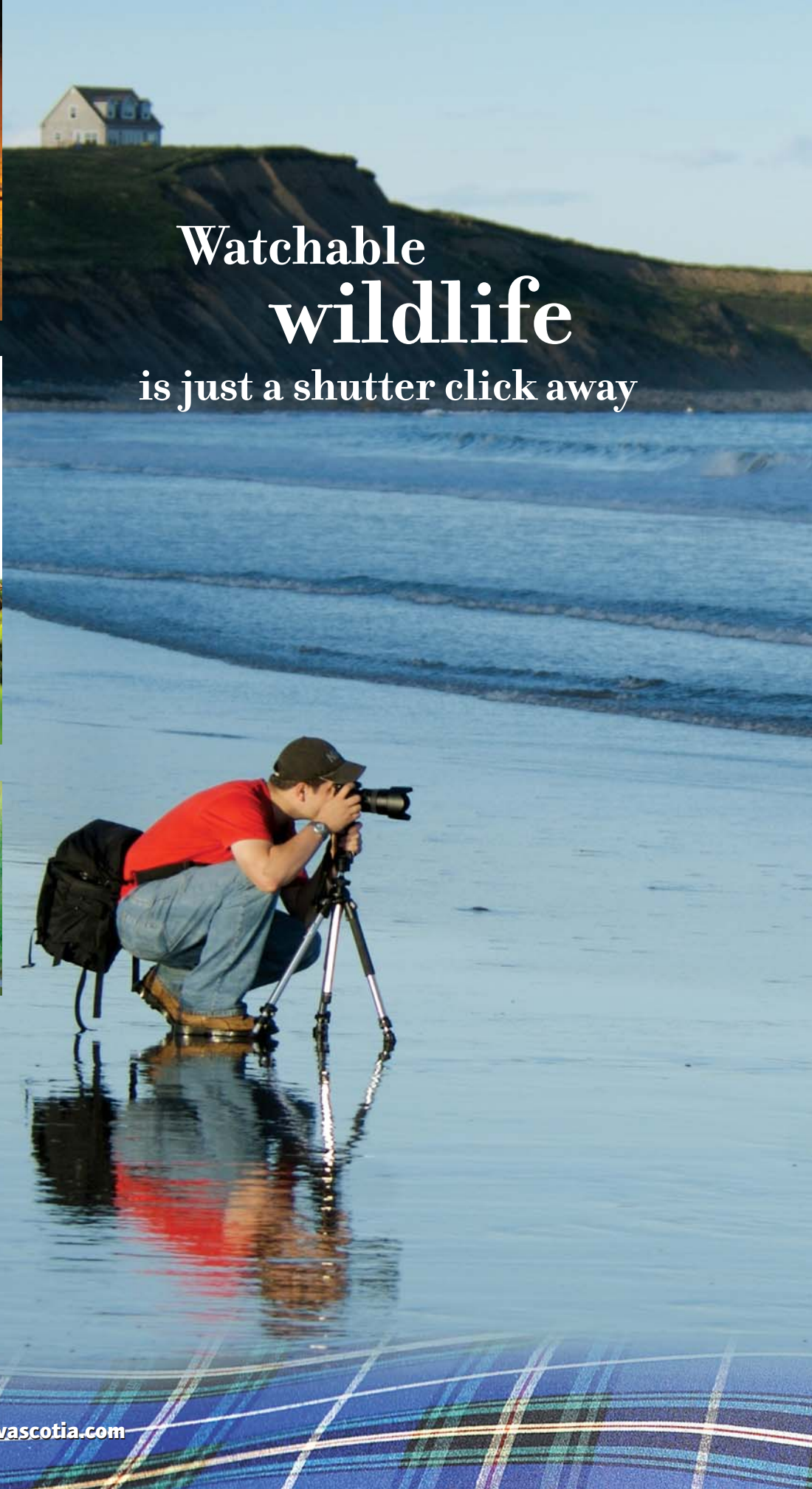
Five Island Provincial Park



Clam Harbour Beach Park



Taylor Head



Watchable
wildlife
is just a shutter click away

Naturalists and hikers behold! A wide-spread seacoast, diverse habitat, and geographic location on the Atlantic Flyway have made Nova Scotia the perfect birding and wildlife destination.

Discover northern gannets, seals and whales along the cliffs of Cape Breton. Bald eagles are a common sight throughout the **Cape Breton Highlands** and are headliners for the annual **Sheffield Mills Eagle Watch** in the Annapolis Valley in late January/early February. **Brier Island** is one of the best all round birding sites in the Province. Here you can observe concentrations of pelagic species such as red and red-necked phalaropes, greater, manx and sooty shearwaters, common eiders, and black-legged kittiwakes. Canso offers a wide-variety of seabird sightings, including gulls, ducks, loons, grebes, alcids and the dovekie.

In addition to resident and migrant birds, you'll find dozens of recognized species of mammals in Nova Scotia. Moose are most common around **French Mountain** and the **Skyline Trail** in the **Cape Breton Highlands National Park** while black bear are common around the slopes of **Cap Rouge** near Cheticamp.

The rarest wildlife species found in Nova Scotia is the Blandings turtle which makes its home in **Kejimikujik National Park**. A large resident population of harbour and grey seals can often be seen along the **St. Catherine's River Beach Trail** on the Lighthouse Route.

Within the **Shubenacadie Wildlife Park's** 40 hectares you will find native and exotic species that are the pride of Nova Scotia's foremost wildlife destination. Don't miss the wonderful Sable Island Horses – the only Wildlife Park system in the world that can boast being home to these animals. The Wildlife Park also contains the St. Andrews Marsh where you will find breeding wood ducks, ospreys and belted kingfishers as well as the new **Greenwing Legacy Interpretive Centre and Wetlands** – Ducks Unlimited Canada's newest interpretive centre.



Cape Sable Island One of the best places to view seabirds is on Cape Sable Island! Located on the province's south shore, this area has been declared an international Important Birding Area in Nova Scotia, an international designation, and is globally recognized for several species – Semipalmated Plover, Short-billed Dowitcher, Atlantic Brant, American Oystercatcher and Semipalmated Sandpiper – which are found in globally significant numbers on the Island during migrations.



play in
the waves
you'll be shaken and stirred



There's so much water so close at hand in Nova Scotia, and that means so many opportunities for water adventure! Whether you are up for a day of diving, exploring the shores for shells and stones, a quick dip to cool down or a walk on the velvety warm white or red sands, our multi-faceted shoreline is pristine and peaceful.

Peer into the tidal pools, listen to the music of the perfectly smooth cobblestones rolling around in the surf, build a sandcastle or dig clams for the first time. Splash and swim in the caressing waters of the many beaches on the Sunrise Trail. Experience the wild waves of **Lawrencetown** or **Summerville**, a surf lover's paradise especially in winter.

Sail where the best in world have sailed! Cruise the shores of the Lighthouse Route around **Mahone Bay, Lunenburg, St. Margaret's Bay** and the **LaHave River** or head inland to the saltwater lake system of the **Bras d'Or Lakes** in Cape Breton.

With so much coastline, and so many coves, it's easy to dive into undersea adventure here. Get a diver's-eye view of starfish, anemones and flower-like feathery hybrids on a sunken Canadian Navy destroyer at the **Lunenburg Marine Park**. The approaches to **Halifax Harbour** are prime sites for wrecks, particularly the waters around **Sambro Island**.

The surf scene in Nova Scotia is a complete year-round deal. With the extensive and varied coastline, you'll find the waves you want somewhere in the province on any given day. The local surfers will welcome you warmly especially at popular spots like **White Point, Martinique** and **Lawrencetown Beaches**. There are many charted breaks particularly in and around Halifax, and yet there are still plenty of opportunities to explore your own secret sites.

Anglers enjoy some of the best sportfishing in the world right here in Nova Scotia. Whether you are a sportfishing enthusiast or a beginner, we have plenty of opportunities for both saltwater and freshwater fishing.



Tidal Bore Rafting At first, the Shubenacadie River seems like a very lazy river. Situated amid 200-foot-high gypsum cliffs, it starts out as a relaxing paddle past mudflats and sandbars until you reach the mouth of the river, where the tides from the Bay of

Fundy come rushing in. Before you know it, you're white-water rafting on the world's highest tides, which travel inland at roughly 50 km an hour and stir up sixteen-foot waves. We're sure you'll agree that it's an adrenaline rush!

Just outside the front door, the wild Atlantic Coast, with its thousands of tiny deserted islands, is an adventurer's paradise.

Hooked on the Outdoors, Colorado

Dotted by hundreds of lakes and rivers, Nova Scotia is a paddler's paradise. You can put in almost anywhere for a day trip, or plan an extended paddling trip around the province, but some areas are less forgiving than others – be sure to consult with local operators for a safe and memorable journey!

*We paddled
between obelisks
and columns,
alone in a
wonderland of
rock and water.*

National Geographic
Adventure

Serious devotees will head along the **Marine Drive**, which stretches from Halifax to Canso. This area provides a zany abundance of wildlife sightings in and around the hundreds of tiny shoals, islets, bays and islands peppering the offshore seascape.

Family paddles are appealing along the Northumberland Strait where beaches, salt marshes and estuaries around the communities of **Pugwash** and **Antigonish** offer relaxed, protected paddles through calm warm waters.

Try a challenging paddle among the caves and cliffs of the Fundy bluff from **Advocate Harbour** to **Cape Chignecto**.

Paddle at Fishing Cove in the **Cape Breton Highlands Park** where you can camp out overnight and spend the next day exploring the park's many sea caves.

Test your skills as you kayak the rapids down the **Musquodoboit River** that stretches through Halifax and Colchester Counties.



Kejimikujik National Park and Historic Site

With its expansive network of connected lakes, portages and backwaters, Kejimikujik National Park is Eastern Canada's premier canoeing destination. In fact, it's the site of North America's oldest documented canoe route, and was a popular Mi'kmaq hunting and fishing ground.

thousands of miles of coastline
and a myriad of bays, it's a
paddler's paradise



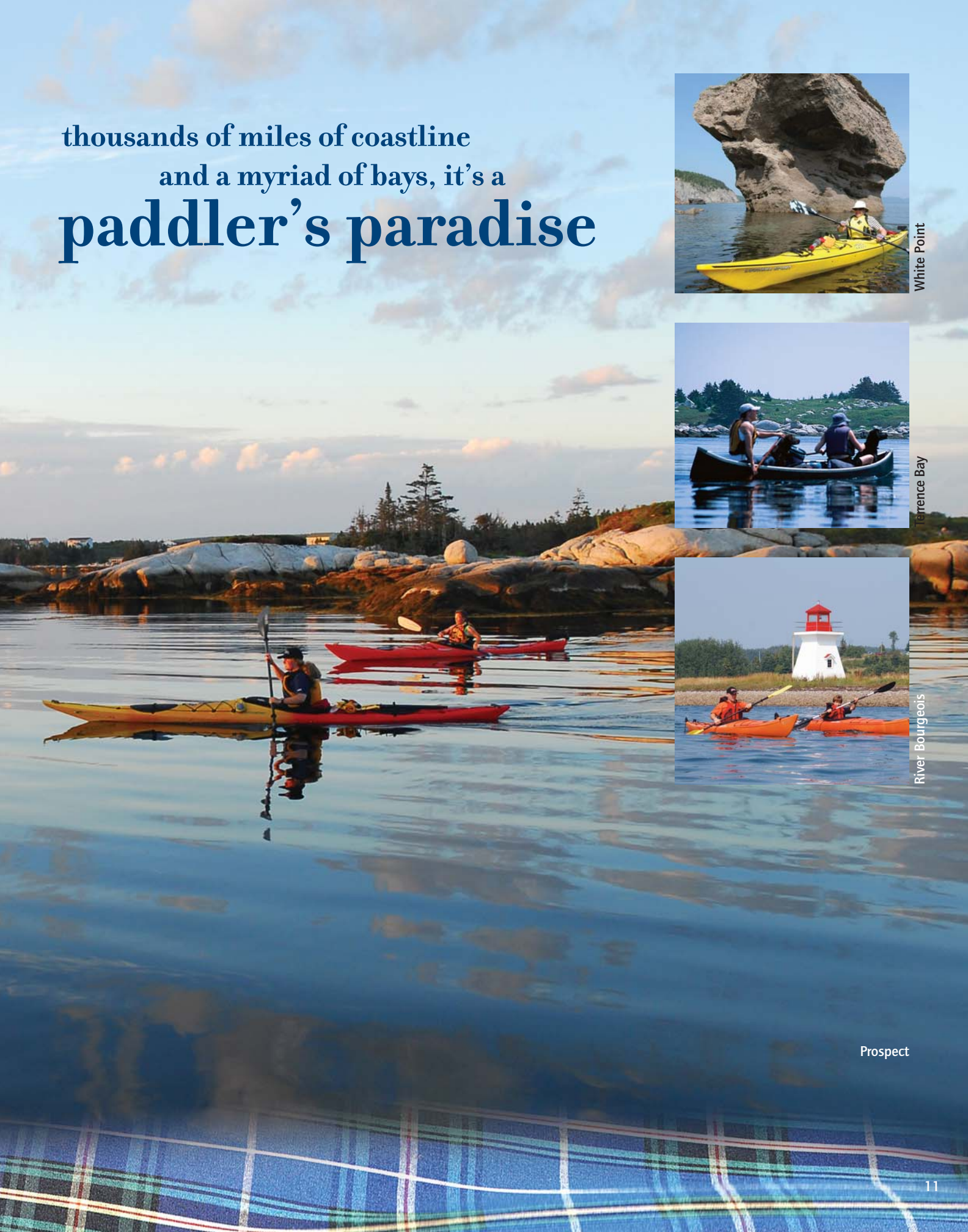
White Point



Terrence Bay



River Bourgeois



Prospect



cycle through fresh salt breezes



Nova Scotia has many secondary roads off the 100 series highways suitable for scenic cycling touring. With a landscape that encompasses mountain highlands, river valleys, rugged seacoast, low-lying dyke lands, historic small towns and bustling cityscapes, this is a cyclist's paradise. Whether it's a cycling tour, group ride or a solo outing down quiet country by-ways, you'll find it here.

Meet up with the **Velo Halifax Bike Club** for one of their Sunday rides that begin and end in the city every Sunday from March through November.

Experience the world's highest tides in the **Bay of Fundy** and enjoy the jaw-dropping scenery along the **Minas Basin** when you book a bike tour that takes you from the quaint streets of **Wolfville** to the isolated beauty of **Cape d'Or**.

For a real challenge, take a trip by bike around the Cabot Trail, one of the most highly-rated cycling routes in the world. Tackle the terrain with gusto, or take the sightseeing by van option when the elevation is too challenging.

As you pedal along the shore by the sea, past vineyards, through old-growth forest, past ancient apple orchard and up through soaring Highlands, keep an eye out for watchable wildlife such as moose, eagles, deer, and whales playing in the bay.

Nova Scotia is the best place in the world to use someone else's bed. Not because of the beds, nearby roads, scenery or the like, but because of the province's brilliant and considerate manner of handling tourists. Nobody does it better or even comes close.

Cycle Canada



Cabot Trail No Nova Scotia cycling adventure is complete without a visit to the Cabot Trail. Clockwise or counterclockwise, you are in for a breathtaking trip! This vigorous trek rewards you with unparalleled views of Cape Breton Island's rugged landscapes and seacoast.

marine marvels and wonders of the water



Few spectacles can compare to the thrill of seeing marine wildlife in their natural environments!

Nova Scotia's nature cruise operators can provide you with unique, and environmentally sound, opportunities to see some of the marine world's most magnificent creatures in their natural habitat.

North Atlantic Right Whale

The world's rarest large whale is easily distinguished by the absence of a dorsal fin and the presence of raised roughened skin patches on the head area. *Average length is 60-72 ft / 15-18 m.*

Humpback Whale Known for their frequent and spectacular surface behaviors, these whales have extra long, white pectoral flippers – a visible field mark of the hump-back.

Average length 40-60 ft / 12-15 m.

Minke Whale This shy whale is the smallest baleen that seldom shows much of its body at the surface, which makes them difficult to spot.

Average length 26-33 ft / 8-10 m

Fin Whale The second largest whale species is sleek and fast and seldom allows more than a small glimpse of a back and dorsal fin and can be easily spooked by noisy boats. *Average length 78-85 ft / 24-26 m.*

Pilot Whale These finned whales are gregarious, playful, and social by nature and travel in pods of 10-20. Pilot Whales are jet black or a very dark grey colour and have a dorsal fin that sweeps back and is set forward on the back. The body is elongated but stocky in the tail fin.

Average length 10-12 ft/3-4 m.

Where to find them?

- Bay of Fundy
- Cape Breton coastline from Cheticamp to Cape Smokey

When to find them?

- late May to early October.
- Minke whales visit from June to October
- Humpbacks and Fins are mostly found in June and again in August and September
- Pilot whales are more prevalent during July and August.

During the summer months of the Bay of Fundy is one of the best places on earth to see migrating whales. About 15 species appear in the bay – more than any place else – including humpbacks, finbacks, minkes and rare northern right whales.

National Geographic Adventure



The Bay of Fundy Recommended Experiences logo

points the way to safe, memorable, value-added experiences. It is an earned designation from the Bay of Fundy Tourism Partnership, dedicated to sustainable tourism and quality travel experiences on Canada's phenomenal Bay of Fundy. Look for this symbol of quality displayed by selected businesses along the Bay of Fundy. www.bayoffundy.travel

There is so much more to Nova Scotia's great outdoors than you could possibly experience in just one season! We've got a wealth of nature and outdoor experiences year-round – spring, summer, fall and winter!

Intrepid surfers from around the world are beginning to discover the joys of winter surfing on Canada's east coast. Nova Scotia has something many other surf locations envy: the adventure of exploration.

Toronto Star

Snap on your cross country skis and enjoy the **Trans Canada Trail** or the serene trails of **Kejimikujik National Park** for a whole other season.

Book a guided snowshoeing tour in the **North Highland Nordic Ski Area**. If downhill is your passion, hit the slopes at **Ski Martock, Ski Wentworth, Ski Ben Eoin** or **Cape Smokey**.

If touring is more your style, hop on a snowmobile and explore the trails of the **Cape Breton Highlands** or the **Northumberland Shore**.

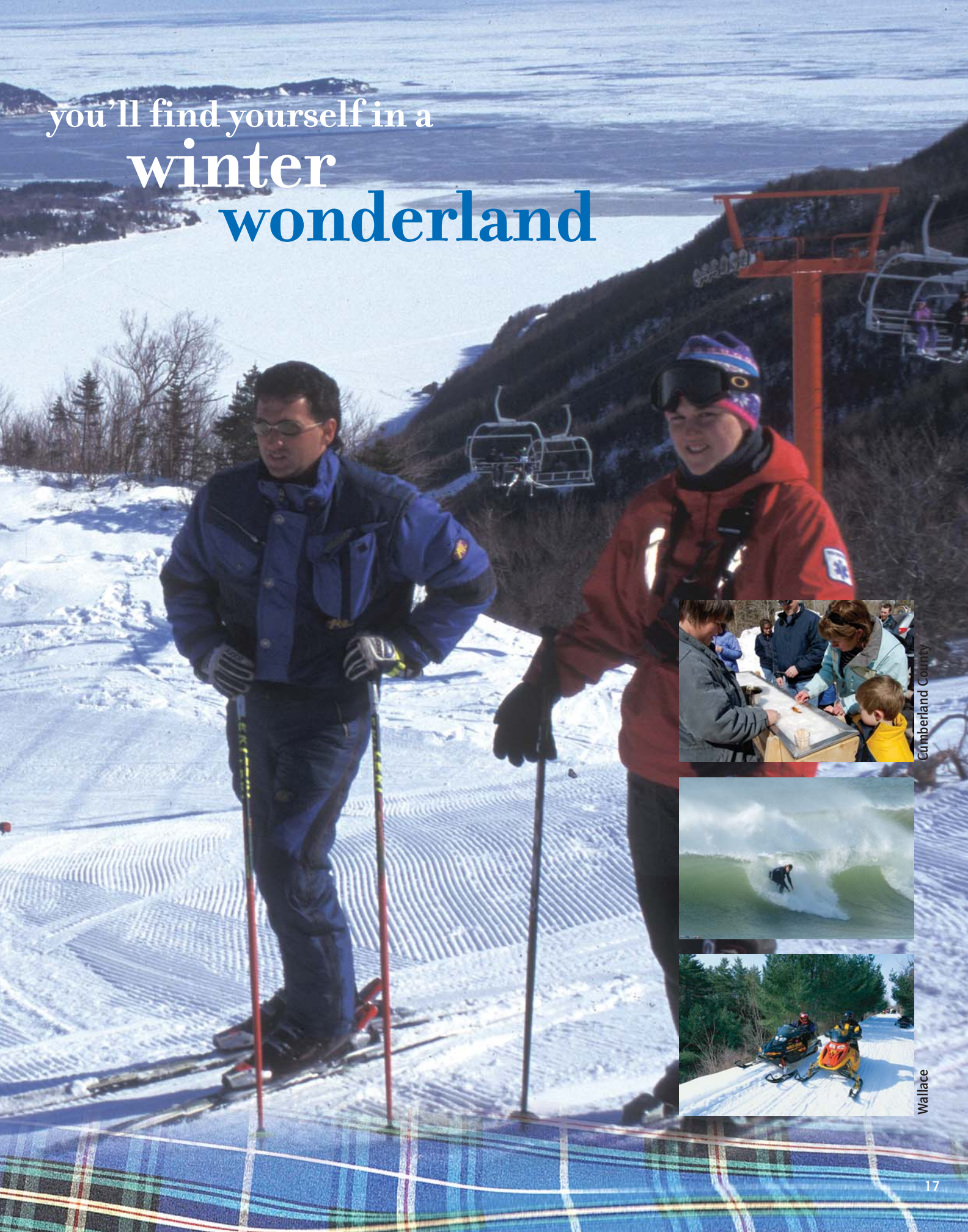
Birdwatchers, photographers and wildlife enthusiasts can enjoy several excellent birding areas with nearly 200 species sighted each year between December and February.

Maple syrup season kicks spring into high gear. Trek inland and watch the activities of a sugar shack and have freshly made maple taffy poured on the snow – it's a rite of passage into spring for many Nova Scotians!



Cape Breton Highlands Explore the trails of the Cape Breton Highlands National Park or spend some time at the North Highland Nordic Ski Area, which features groomed trails from December to April and local operators who offer guided cross-country ski and/or snowshoe packages in the magnificent Cape Breton Highlands.

you'll find yourself in a
**winter
wonderland**



Cumberland County



Wallace

Time/Distance Chart








Entry Points	Amherst	Digby	Halifax	North Sydney	Pictou	Yarmouth
Amherst	-	4h15 414km	2h30 214km	4h15 418km	1h30 139km	5h15 518km
Antigonish	2h30 213km	4h30 424km	2h30 224km	2h15 205km	0h45 74km	5h30 528km
Bridgewater	3h15 322km	1h30 140km	1h15 108km	5h30 537km	3h00 277km	2h30 238km
Baddeck	4h00 354km	5h45 565km	3h45 365km	0h45 64km	2h15 215km	7h00 669km
Cape North	6h00 484km	7h30 695km	5h30 495km	2h00 165km	3h45 345km	8h30 799km
Cheticamp	5h00 414km	6h30 625km	4h45 425km	1h45 152km	3h00 275km	7h45 729km
Digby	4h30 414km	-	2h30 235km	6h30 629km	3h45 369km	1h15 104km
Halifax	2h30 214km	2h30 235km	-	4h30 429km	1h45 169km	3h30 339km
Kentville	3h00 289km	1h30 125km	1h15 110km	5h15 504km	2h30 244km	2h30 229km
Liverpool	4h45 368km	1h50 144km	1h40 154km	6h00 583km	3h30 323km	2h00 192km
Parrsboro	0h50 58km	4h15 389km	2h00 189km	4h30 420km	2h00 160km	5h30 493km
Pictou	1h30 139km	4h00 369km	1h45 169km	3h00 279km	-	5h00 473km
Port Hawkesbury	3h00 271km	5h00 482km	3h00 282km	1h30 147km	1h30 132km	6h00 586km
Shelburne	4h45 437km	2h30 213km	2h30 223km	7h00 652km	4h00 392km	1h30 123km
Sherbrooke	3h00 241km	4h45 414km	2h30 195km	3h00 267km	1h15 102km	5h45 518km
Sydney	4h45 412km	6h30 623km	4h30 423km	0h15 21km	2h45 273km	7h45 727km
Truro	1h15 115km	3h00 299km	1h00 99km	3h30 330km	0h45 70km	4h15 403km
Yarmouth	5h30 518km	1h15 104km	3h30 339km	7h30 733km	5h00 473km	-

Note: Times are approximate using main road times. Scenic travelways will take longer to travel.



Scenic Travelways



 Halifax Metro	 Lighthouse Route	 Evangeline Trail	 Glooscap Trail
 Sunrise Trail	 Cape Breton Island	 Marine Drive	

- | | | | |
|--|--|--|---|
|  Diving |  Sailing Cruises or Lessons |  Cycling/Bicycles |  Surfing |
|  Whale Watching |  Canoeing/Canoes |  Nature Tours | |
|  Birding |  Kayaking/Kayaks |  Skiing/Skis | |
|  Sightseeing tour |  Hiking |  Tidal Bore Rafting | |



www.adventurenovascotia.com

The **Nova Scotia Adventure Tourism Association (NSATA)** is made up of over 50 adventure operators from all corners of Nova Scotia. We provide a great variety of opportunities for outdoor activities, learning and fun for tourists, local, national and international. NSATA is dedicated to providing the best in quality experiences while protecting and enhancing Nova Scotia's environmental, cultural and aesthetic treasures, while working together to promote Nova Scotia as a world class destination for nature travellers from around the world.

Code of Ethics

- Ensuring that the environmental, social, cultural, economic and aesthetic needs and expectations of the community and their customers are included in the formulation of policies, plans and decisions, and result in the provision of quality goods and services.
- Ensuring operations are designed and conducted in a manner that will conserve resources, minimize or eliminate environmental damage, and where possible, enhance environmental situations.
- Continually evaluating new information, technologies and services, thus providing themselves and their employees with opportunities for development, environmental education and protection, and improved customer service.
- Acting with a spirit of cooperation within the industry and related sectors to foster greater public awareness of the economic, social, cultural and environmental significance of tourism.
- Enhancing our natural, historic, cultural and aesthetic resources as a legacy for present and future generations, through encouraging establishment of parks, wilderness reserves and protected areas.
- Complying with relevant Federal, Provincial and Municipal legislation.

For more information on the NSATA contact:
Tourism Industry Association of Nova Scotia
NSATA Secretariat, 1099 Marginal Road, Suite 201,
Halifax, NS Canada B3H 4P7
tel (902) 423-4480 or 1-800-948-4267
fax (902) 422-0184
www.adventurenovascotia.com

Hiking and Walking

Atlantic Canada Nature Safaris

PO Box 33051, Halifax
NS B3L 4T6
902-455-3595
tours@atlanticcanadasafaris.com
www.AtlanticCanadaSafaris.com

Guided Wilderness Hiking Adventures

PO Box 7, 90 Barron Rd
Ingonish Harbour
NS B0C 1I0
902-285-2895
lawrencebarron@ns.sympatico.ca

Scott Walking Adventures

Box 308, 1 Station Road
Hubbards, NS B0J 1T0
902-858-2060
angela@scottwalking.com
www.scottwalking.com

Kayaking and Canoeing

Cap Breton Sea Coast Adventures

RR #1, Englishtown
NS B0C 1H0
902-929-2800
mikecrimp@hotmail.com
www.members.tripod.com/adventure_4u

Coastal Adventures

PO Box 77, Tangier
NS B0J 3H0
902-772-2774
info@coastaladventures.com
www.coastaladventures.com

Coastal Spirit Expeditions

Box 1, River John
NS B0K 1N0
902-351-2283
cspirit@coastalspiritexp.com
www.coastalspiritexp.com

Coltman Adventure

283 East Dover Rd.
East Dover, NS B3Z 3W4
902-852-5164
gcoltman@hotmail.com
www.novashores.com

Eagle North Canoe & Kayak

299 Shore Road, RR#2
Dingwall, NS B0C 1G0
902-383-2552
eaglenorth@gmail.com
www.cabottrail.com/kayaking

East Coast Outfitters

2017 Lower Prospect Road
Lower Prospect, NS B3T 1Y8
902-852-2567
joanne@eastcoastoutfitters.net
www.eastcoastoutfitters.net

Hinterland Adventures & Gear

54 Gates Lane, Weymouth
NS B0W 3T0
902-837-4092
odysseys@kayakingnovascotia.com
www.kayakingnovascotia.com

Kayak Cape Breton & Cottages

5385 West Bay Road
West Bay, NS B0E 3K0
902-535-3060
kayakcb@ns.sympatico.ca
www.kayakcapebreton.com

North River Kayak Tours & Boat Rentals

RR 4, Baddeck, NS B0E 1B0
902-929-2628
info@northriverkayak.com
www.northriverkayak.com

NovaShores Adventures

PO Box 111, 20 School Lane
Advocate Harbour
NS B0M 1A0
902-852-3875
kayak@novashores.com
www.novashores.com

Shoreline Adventures

RR #4, 2150 Hwy 337
Antigonish, NS B2G 2L2
902-863-5958
info@shorelineadventures.com
www.shorelineadventures.com

Whale and Nature Cruises

Bird Island Tours Limited

1672 Old Route 5,
Big Bras d'Or, NS B1X 1B1
902-674-2384
puffin@birdisland.net
www.birdisland.net

Brier Island Whale & Seabird Cruises Ltd.

PO Box 1199,
Westport, NS B0V 1H0
902-839-2995
brierisl@tartann.net
www.brierislandwhalewatch.com

Captain Cox's Whale Watch

General Delivery
Capstick, NS B0C 1E0
902-383-2981
dennis@whalewatching-novascotia.com
www.whalewatching-novascotia.com

Captain Mark's Whale and Seal Cruise

General Delivery
Pleasant Bay, NS B0E 2P0
902-224-1315
captain@whaleandsealcruise.com
www.whaleandsealcruise.com

Nova Scotia Adventure Tourism Association

Dockside Whale Watching

c/o Fundy Complex,
PO Box 1060
Digby, NS B0V 1A0
902-245-4950
fundyrestaurant@klis.com
www.fundyrestaurant.com

Donelda's Puffin Boat Tours

Box 33, Englishtown
NS B0C 1H0
902-929-2563
puffin@ns.sympatico.ca
www.puffinboattours.ca

Fiddlin Whale Tours

General Delivery
Pleasant Bay
NS B0E 2P0
902-383-2760
info@fiddlinwhaletours.com
www.fiddlinwhaletours.com

Four Winds Charters

180 Hillside Drive,
Boutilliers Point
NS B3Z 1W8
902-492-0022
info@fourwindscharters.com
www.fourwindscharters.com

Lobstermen Tours

89 Olympiad Avenue
Bridgewater, NS B4V 3S5
902-634-3434
info@lobstermentours.com
www.lobstermentours.com

Mariner Cruises Whale & Seabird Tours

PO Box 1264
Westport, NS B0V 1H0
902-839-2346
info@novascotiawhalewatching.ca
www.novascotiawhalewatching.ca

Murphy's On the Water

PO Box 2378, Station Central
Halifax, NS B3J 3E4
902-420-1015
jeff@murphysonthewater.com
www.murphysonthewater.com

Ocean Explorations (Zodiac) Whale Cruises

PO Box 719, Tiverton
NS B0V 1G0
902-839-2417
tom@oceanexplorations.ca
www.oceanexplorations.ca

Oshan Whale Cruise

R. R. #1, Bay St. Lawrence
NS B0C 1G0
877-383-2883
oshan@ns.sympatico.ca
www.oshan.ca

Petit Passage Whale Watch / Kamach

RR 4, Digby, NS B0V 1A0
902-245-6132
ppww@tartannet.ns.ca
www.ppww.ca

Pirates Cove Whale Cruises

PO Box 624, Tiverton
NS B0V 1G0
902-839-2242
whales@piratescove.ca
www.piratescove.ca

Sail to the Whales

RR #1, Englishtown
NS B0C 1H0
902-929-2382
dannyr@ns.sympatico.ca

Seaside Whale & Nature Cruises

PO Box 1
15456 Laurie Road
Cheticamp, NS B0E 1H0
902-224-2400
laurie@ns.sympatico.ca
www.lauries.com

Whale Cruisers (Cheticamp) Ltd.

PO Box 183, Cheticamp
NS B0E 1H0
902-224-3376
whalecruise@auracom.com
www.whalecruises.com

Zippering Zodiac Whale and Seabird Tours

Box 28, 8 Plunket Street
Freeport, NS B0V 1B0
902-839-2064
bob.gillis@ns.sympatico.ca
www.zipperingzodiac.com

Nature Tours

Earthsea

PO Box 95, Riverport,
NS B0J 2W0
902-766-4129
info@earthsea.ca
www.earthsea.ca

Lunenburg Town Walking Tours

PO Box 1377, Lunenburg
NS B0J 2C0
902-634-3848
eric.croft@ns.sympatico.ca
www.lunenburgwalkingtours.com

Cycling

Atlantic Canada Cycling

PO Box 1555, Station Central
Halifax, NS B3J 2Y3
902-423-2453
tours@atlanticcanadacycling.com
www.atlanticcanadacycling.com

Eastwind Cycle

1096 Queen Street, Unit 365
Halifax, NS B3H 2R9
902-471-4424
peterjwilliams51@gmail.com
www.eastwindcycle.com

Freewheeling Adventures Inc.

RR #1, 2070 Highway 329
Hubbards, NS B0J 1T0
902-857-3600
bicycle@freewheeling.ca
www.freewheelingadventures.com

Pedal & Sea Adventures

RR #2, 9075 St. Margaret's
Bay Road, Hubbards
NS B0J 1T0
902-857-9319
marilou@vacationvillas.ca
www.pedalandseaadventures.com

Sailing

Canadian Sailing Expeditions Inc.

PO Box 2613
Halifax, NS B3J 3N5
902-429-9463
info@canadiansailingexpeditions.com
www.canadiansailingexpeditions.com

Discovery Sailing

66 Wake Up Hill Rd, RR #1
Chester Basin, NS B0J 1K0
902-275-8377
dave@discoverysailing.com
www.discoverysailing.com

Sou'Wester Adventures

PO Box 178, 45 Willow Lane
Western Shore, NS B0J 3M0
902-627-4004
sail@souwesteradventures.com
www.souwesteradventures.com

Scuba Diving

Divers World

Unit 11, 2 Lakeside Park Drive
Halifax, NS B3T 1L7
902-876-0555
sales@diversworld.ns.ca
www.diversworld.ns.ca

Surfing

Rossignol Surf Shop & Beach House

75 White Point Rd. #2,
White Point Beach, Queens County
NS B0T 1G0
877-990-3733
ross.surf@ns.sympatico.ca
www.surfnovascotia.com

Tidal Bore Rafting

Shubenacadie River Adventure Tours

RR #4, Shubenacadie
NS B0N 2H0
888-878-8687
adventure@shubie.com
www.shubie.com

Shubenacadie River Runners Ltd.

8681 Route 215
Maitland, NS B0N 1T0
902-261-2770
rafting@canada.com
www.tidalborerafting.com

Shubenacadie Tidal Bore Rafting Park Ltd.

R.R. #4, Shubenacadie
NS B0N 2H0
902-758-4032
tidalborerafting@ns.sympatico.ca
www.tidalboreraftingpark.com

Other Adventure Tour Operators

By the Tide Tours

1072 Milne Avenue
New Minas, NS B4N 5K8
902-681-2840
bythetidetours@ns.sympatico.ca
www.bythetidetours.com

Crown Jewel Resort Ranch

992 Westside Baddeck Road, RR #1,
Baddeck, NS B0E 1B0
902-295-1096
info@crownjewelresort.com
www.crownjewelresort.com

Salty Bear Adventure Travel

PO Box 60009,
5991 Spring Garden Road
Halifax, NS B3H 4R7
902-404-3636
info@saltybear.com
www.saltybear.com

White Point Beach Resort

75 White Point Rd. #2,
White Point Beach
Queens County, NS B0T 1G0
902-421-1569
danny@whitepoint.com
www.whitepoint.com

MULTI-DAY PACKAGE



Tour and Explore Nova Scotia's Nature & History

Walking Tours on Nova Scotia's amazing coastal trails. Scenic nature and history tours that feature fascinating natural wonders and historic events. Packages include the Bay of Fundy with the world's highest tides and Cape Breton Island's fabulous Cabot Trail and highland coastline. Superb lodging and dining beside the sea.



Atlantic Canada Nature Safaris

Box 33051, Halifax, NS B3L 4T6

1-877-455-3595 / 902-455-3595

www.AtlanticCanadaSafaris.com

From
\$2,275
per person
taxes included
May - October

MULTI-DAY PACKAGE



Cruise & Learn Adventures on Nova Scotia's Atlantic Coast

Get started with Basic Skipper combining classroom and on-water training in an interactive, personal setting that will have you sailing with confidence in just 5 days. Expand your horizons with provisioned, live-aboard Bareboat or Coastal Skipper programs. Cruise with certified instructors to the secluded anchorages and historic seaports of Nova Scotia's Atlantic Coast, while obtaining internationally recognized CYA certification. Based at Oak Island Resort where complete packages are available.



Sou'Wester Adventures

P.O. Box 178, Western Shore, NS B0J 3M0

1-877-665-4004

www.souwesteradventures.com

Basic Skipper **\$525** all prices per person
Bareboat Skipper **\$925**
Coastal Skipper **\$1,225**
May 28 - Sept 28
Certain conditions may apply.

MULTI-DAY PACKAGE



Kayak, Bike, and Hike

Choose the Lighthouse Route or Cape Breton Island. Spend two days cycling quiet roads, two days paddling the islands, coves, and harbours, and a day of spectacular hiking. Rest in cozy inns, dine on healthy cuisine, and enjoy the great spirit of spontaneous and caring guides. For small group camaraderie, join a guided trip. For privacy, request private guided or self-guided (kayaking is guided in any case). Special Conditions: 6 days. Check web for guided dates. Self-guided any time.



Freewheeling Adventures Inc.

RR #1, Hubbards, NS B0J 1T0

1-800-672-0775 / 902-857-3600

www.freewheeling.ca

From
\$1,495
per person
May 15 to Oct 15

MULTI-DAY PACKAGE

Highlands Land & Sea Adventure

Enjoy an exciting Whale Watch Tour aboard a 73-foot Schooner. Afterwards let the waves lull you to sleep at our oceanfront resort. Enjoy our PRIVATE sand beach. We have mountain bikes, boogie boards, an outdoor pool, nightly bonfires and a resort pub with local entertainment. This package includes: 1 night at Glenghorm Beach Resort in Ingonish, 1 Whale Watch Tour, Park Entry fee for two days and Trail Map.



Glenghorm Beach Resort

Cabot Trail, Ingonish, NS B0E 1B0

1-800-565-5660

www.capebretonresorts.com

From
\$79
per person
dbl. occ.
July 1 - Oct 21

MULTI-DAY PACKAGE

Cabot Trail by Air

Take the ultimate tour of the world-famous Cabot Trail. Crown Jewel Aviation will take you high above this magnificent landscape. This 1.5 hour flight will cover the entire trail with your pilot as your personal tour guide pointing out the amazing highlights. Included in this package is one night in a deluxe room at Inverary Resort on the shores of the Bras d'Or Lake in Baddeck.



Cape Breton Resorts

368 Shore Road, Baddeck, NS B0E 1B0

1-800-565-5660 / 1-902-295-3500

www.capebretonresorts.com

From
\$439
per couple /
dbl. occ.
June 16 - Oct 31

MULTI-DAY PACKAGE



Sea Kayaking with Whales

Paddle under the shadow of the Cape Breton Highlands, where sheer cliffs, sea caves and rock spires adorn the route. Bald eagles and seals abound, and we will often accompany pods of whales as they feed on the migrating mackerel and squid - a truly remarkable experience. This is one of the most spectacular paddling destinations in North America. All equipment is provided, along with accredited guides and gourmet meals. No prior experience is required.



Coastal Adventures

84 Masons Point Rd., Tangier, NS B0J 3H0

1-877-404-2774

www.coastaladventures.com

3-day **\$675** per person
5-day **\$1,095** per person
May - October

MULTI-DAY PACKAGE



Bike the Cabot Trail

This is one of the world's greatest rides! The scenic coastal and mountain splendour is complemented by inns famous for their comfort and charm. Highlights include a ride through beech woods to salmon pools, swims in deep pools below clear waterfalls, fantastic picnics in awe-inspiring locations, and fabulous van-supported cycling. The terrain is rolling, but one day includes two big climbs. 6 days. Check web for guided dates. Self-guided any time.



Freewheeling Adventures Inc.

RR #1, Hubbards, NS B0J 1T0

1-800-672-0775 / 902-857-3600
www.freewheeling.ca

From
\$1495
May 15 to Oct 15

MULTI-DAY PACKAGE



Bay of Fundy Sea Kayaking

Explore the kayaking fantasyland of the Bay of Fundy's Cape Chignecto Park. On this 3-day tour you will learn about the wildlife, history and geology of a secluded coastline that has been carved into a unique seascape by the highest tides on earth. Enjoy delicious meals of local and organic ingredients at pristine campsites. Small groups. Beginners welcome.



NovaShores Adventures

Advocate Harbour, NS B0M 1A0

1-866-638-4118
www.novashores.com

From
\$650
per person
3 day tour
June - Sept.

MULTI-DAY PACKAGE

Hike Hype

Spend an exciting three days seeing Nova Scotia in its natural form. This package includes: 3 nights accommodations for 2 at Liscombe Lodge; gourmet picnic lunches, breakfast and dinner for 2 people each day; \$100 dinner gift certificate for fine dining at Gabriau's Restaurant in Antigonish; admission to Port Bickerton Lighthouse, hiking trails and beach; guided hike on Liscombe River Trail; detailed maps and information.



Liscombe Lodge

RR #1, Liscomb Mills, NS B0J 2A0

1-800-665-6343 / 902-779-2307
www.signatureresorts.com

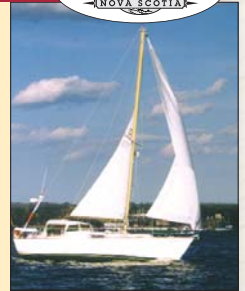
May - June
\$785 per person
July - October
\$845 per person

MULTI-DAY PACKAGE



Live-aboard Sailing Courses & Vacations

Sail with us! Combine your vacation with a CYA sailing course. Enjoy CYA Intermediate and Advanced Cruising courses delivered in an inspiring learning environment onboard our ocean-going cruising sailboat. Or experience sailing life aboard a crewed charter, customized to guests' expectations. Certified CYA instructor/Transport Canada certified captain with 30 years sailing experience. Based at Oak Island Resort and Spa.



Discovery Sailing Sailing School and Charters

RR #1 Chester Basin, NS B0J 1K0

1-877-275-8377
www.discoverysailing.com

CYA Intermediate
CYA Advanced
Overnight Charters
\$925
\$1225
\$275
per person per day

MULTI-DAY PACKAGE

Cape Breton Caper

CASTLE MOFFETT, your 5-Star, and 4-Diamond Award Winning Inn, awaits your arrival for an enchantingly romantic getaway. Enjoy two nights of luxurious accommodations with a daily breakfast and a 4-course dinner for two for one night; chilled champagne ensuite; and a sailing cruise aboard a 62' schooner on the Bras d'Or Lakes. Centrally located in the Baddeck area. Minutes to the Cabot Trail.



Castle Moffett

11980 Hwy 105, Bucklaw, NS B0E 1B0

1-888-756-9070 / 902-756-9070
www.castlemoffett.com

From
\$399
per person
dbl. occ.
Late May - Early Oct.

Other packages available

MULTI-DAY PACKAGE



Sea Kayak Adventures

Discover the biology, geology and early history of our Atlantic coastal islands from a unique perspective. Visit seabird colonies, sea rookeries, and idyllic hidden coves in this pristine wilderness archipelago, far from the summer bustle. All equipment is provided, along with certified guides and gourmet meals. No prior experience required.



Coastal Adventures

84 Masons Point Rd., Tangier, NS B0J 3H0

1-877-404-2774
www.coastaladventures.com

3-day
\$545 per person
5-day
\$875 per person
May - October

MULTI-DAY PACKAGE

Resort-Based Sea Kayak Adventure

Enjoy one, two or three wonderful days sea kayak touring along Nova Scotia's north shore. Enjoy the warm waters, sandy beaches and playful seals that help make this region unique. At the day's end return to a rustic log cabin at the award winning Pictou Lodge Resort, situated on the Northumberland Strait. Here you can indulge yourself in many more activities before relaxing in front of a roaring fireplace to enjoy a freshly prepared meal by Chef Kevin.



Pictou Lodge Resort

Braeshore Rd., Pictou, NS B0K 1H0

1-888-662-7484 / 902-485-4322

www.pictoulodge.com

From
\$235

per couple
dbl. occ.

MULTI-DAY PACKAGE



Sea-Kayak, Inn-to-Inn or Camping

Paddle between gorgeous campsites with luxurious service, or cozy inns in interesting towns. These are beautiful experiences, following both inhabited and pristine coasts, and visiting wilderness islands, with special stops to see seal colonies, hidden coves, and unique sights. Camping trips and open passages include sailboat or Zodiac support. Special Conditions: 6 days. Check web for guided dates. Selfguided any time.



Freewheeling Adventures Inc.

RR #1, Hubbards, NS B0J 1T0

1-800-672-0775 / 902-857-3600

www.freewheeling.ca

From
\$995

May 15 to Oct 15

MULTI-DAY PACKAGE

Explore the Bluenose Coast

It's here, amid the beauty and tranquility of Nova Scotia's South Shore that your Oak Island Resort experience begins. Far away from the everyday, but only 45 minutes from Halifax, we have everything you need at your fingertips. From our full service Spa, on site Marina, and spectacular views, it's a great place to wander and explore historic streets and isolated shorelines. Package Includes: one night accommodation, dinner for two, breakfast for two and a walking tour of Lunenburg.



Oak Island Resort, Spa & Convention Centre

36 Treasure Drive, Western Shore, NS B0J 3M0

1-800-565-5075 / 902-627-2600

www.oakislandresortandspa.com

From
\$239

per person
Based on
availability

MULTI-DAY PACKAGE

Explore Rivers, Lakes and Wilderness

Explore nature's wonders hiking, canoeing and kayaking on site or at Kejimikujik National Park. Relax in our comfortable lodge rooms and from your deck view the water through old growth Hemlock trees. In the evening stroll along our boardwalk and watch the sunset. 2 nights accommodation, continental buffet breakfast, use of on site facilities, admission to Kejimikujik National Park.



Mersey River Chalets & Nature Retreat

Caledonia, NS B0T 1B0

1-877-667-2583 / 902-682-2443

www.merseyriverchalets.com

From
\$250

June 15 - Oct 8

\$190

May 15 - June 14

Based on
dbl. occ.

MULTI-DAY PACKAGE

Biking Getaway on Fitzpatrick Mountain

Spend the day biking on our peaceful woodland trails and enjoy the spectacular vistas along the way. End the day soaking in our outdoor hot tub under the stars. Package includes 2 nights accommodation, 2 days mountain-bike rentals from Pictou County Cycle, candlelight dinner for 2, continental breakfast for 2 both mornings.



Stonehame Lodge and Chalets

310 Fitzpatrick Mountain Road, Scotsburn, NS B0K 1R0

1-877-646-3468 / 902-485-3468

www.stonehamechalets.com

From
\$389.95

taxes included

per person

June 1 - Nov 1

Family & group
rates available

MULTI-DAY PACKAGE

Beach Blanket Getaway

Discover the history and adventure that have drawn visitors to the magnificent beaches of Chedabucto Bay since 1398. Your getaway includes two nights of luxury accommodations in DesBarres Manor Inn, a three course dinner on beautiful Guysborough Harbour, a five course fireside dinner and gourmet breakfasts each morning. We'll pack you a picnic lunch to take as you explore the bay's secluded beaches, trails and nature parks.



DesBarres Manor Inn

90 Church Street, Guysborough, NS B0H 1N0

1-902-533-2099

www.desbarresmanor.com

From
\$339

per person

May to Oct



MULTI-DAY PACKAGE

Custom Cape Breton Kayak Adventure

Enjoy one, two or three days touring the only salt water Lakes in the world by Kayak! At day's end you return to the Silver Dart Lodge and enjoy Baddeck's Best Panoramic View of the Bras D'or Lakes, and dine with a "Taste of Nova Scotia Buffet" in the Awe-inspiring McCurdy's Dining Room. Package includes accommodations, buffet breakfast and dinner for 2 and kayak tour. Start and end your Cabot Trail Adventure with us!



Silver Dart Lodge

257 Shore Rd., Baddeck NS B0E 1B0

1-800-565-VIEW/1-902-295-2340
www.silverdart.com

Packages starting from:

\$270

June - September

Lobster and Lighthouses Tour

Depart Halifax Harbour and get prepared for a real hands on lobster fishing experience helping the captain and crew haul out lobster traps. Become educated on the lobster fishing industry, the life cycle of lobsters and other crustaceans. Discover and learn about Halifax's 3 prominent lighthouses and the important role they have played in our maritime history and the boating trade of Nova Scotia.



Peggy's Cove Express Ltd.

Cable Wharf, 1751 Lower Water St., Halifax, NS B3J 3E4

902-422-4200

www.peggyscove.com

Adults

From **\$24.99**

Children

From **\$14.99**

June 15 - Sept. 15

Scenic Nature Cruise

Nestled between Peggy Cove and the Aspotogan peninsula St. Margaret's Bay provides pristine natural beauty just 30 minutes from Halifax. Enjoy cruising among the scenic coves, estate properties, working fishermen, private islands, and beautiful beaches. View the natural habitat of eagles and herons while watching for dolphins, seals, whales and sea birds. Every trip provides stunning ocean views in a relaxed atmosphere.



St Margaret's Bay Water Tours

Boutilier's Point, NS B3Z 1W8

1-877-274-8421/902-492-0022
www.fourwindscharters.com

2 hour cruise

From **\$22** per person

3 hour cruise

\$26 per person

child & group rates available

Deep Sea Fishing Adventures

Venture into the great North Atlantic and cast your line in search of cod, mackerel, and boston bluefish. Our Captain and Crew will clean and fillet your catch for an unforgettable vacation experience. Join us aboard the *Summer Bay* for a 4 hour fishing excursion in search of our fabulous local marine life.



We provide all necessary equipment. The *Summer Bay* features a fully enclosed lower level and an open air upper level. Washroom and Canteen facilities available.

Deep Sea Fishing Adventures

1751 Lower Water St Cable Wharf, Halifax, NS B3J 3E4

902-420-1015

www.murphysonthewater.com

From

\$49.99 per adult

\$36.99 per child

June 1 - Oct. 15



Nature & Whale Watching Adventures

Where the Atlantic Ocean meets the cliff of Chebucto Head at the mouth of Halifax Harbour, the waters are rich with sea life- Minke, Pilot and Fin whales, dolphins & seals.



The *Haligonian III*, a purpose built whale watching vessel, takes groups to the great North Atlantic to view the most spectacular mammals in the world. This tour also involves a live lobster pull, a touch tank with local marine life, and more onboard demonstrations. Join us on a 2.5 hour cruise guided by a qualified naturalist.

Haligonian III Nature & Whale Watching Tours

1751 Lower Water St Cable Wharf, Halifax, NS B3J 3E4

902-420-1015

www.murphysonthewater.com

Adult

From **\$33.99**

Child

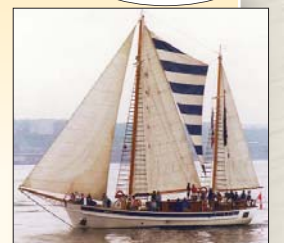
\$19.99

May 1 - Oct. 15



Mar II Tall Ship Pirate Cruise

Take a step back in time to the days when Privateers and Buccaneers ruled the water. Enjoy a tour aboard a wooden sailing ship, as the Captain and Crew unfurl the sails and glide through the second largest harbour in the world. Come aboard the classic wooden Tall Ship, the *Mar II* and sail through the historic Halifax Harbour.



This 1.5 hour sail will take you through our beautiful harbour under sail power while you enjoy a cocktail on deck taking in the sun and wind.

Mar II Tall Ship Sailing Tours

1751 Lower Water St Cable Wharf, Halifax, NS B3J 3E4

902-420-1015

www.murphysonthewater.com

From

\$21.99 adult

\$16.99 child

May 15 - Oct. 15



Horse Around with Your Whole Family

Saddle up for guided scenic trail rides, just 15 minutes outside Halifax. You pick the time. Stables are family-owned and-operated for 50 years. Perfect setting for the entire family. Pony rides \$3; wagon and sleigh rides available. Enquire about our overnight trail rides.



Isner's Riding Stables

1060 Old Sambro Rd.
Harrietsfield, NS B3V 1B1

902-477-5043

www.isnerstables.ca

per hour

2 hr Trail Ride

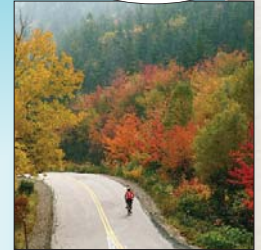
Children 12 and under \$15 per hour ride

From
\$20 per person
\$35 per person
Year-round



Coastal Cycling Day Adventure

Join us as we cycle along quiet scenic streets past fishing villages and secluded beaches. After enjoying a scrumptious maritime lunch and peaceful stroll along the beach we'll continue our adventure exploring all the little hidden treasures that our South Shore has to offer. A quick shuttle will have you back in Halifax invigorated by your day of fresh air and coastal exploration.



Pedal and Sea Adventures

9075 St. Margaret's Bay Road,
Hubbards, NS BOJ 1T0

1-877-777-5699 / 902-857-9319

www.pedalandseaadventures.com

Day-trip

Self-guided

2-day retreat

\$95 per person
\$55 per person
\$269 per person
Year round
Minimum
2 people



Dover on the Rocks!

Imagine paddling in a small group, guided between a string of uninhabited islands protecting us from the breaking waves of the Atlantic. Extraordinary views of a fascinating aquatic world. Spot sea birds and wild flowers, often paddling amongst seals, or maybe a whale. Hike an island with stunning rock formations. Complete with delicious homemade snacks, fresh fruit and hot drinks.



Novashores Adventures

283 East Dover Road, East Dover, NS B3Z 4W4

1-866-638-4118 / 902-852-5164

www.novashores.com

From
\$65 per person

May 20 - Oct 15
Half Day Tours
9:30 & 2pm, Call
for Reservations



A Fun & Unique Lobster Fishing Adventure

Come aboard a traditional working lobster boat and help catch a live Nova Scotia lobster. With Lobstermen Tours, you will experience an on-going scientific study, seal watching, bird watching and much more! A very unique and educational tour. Private charters by request.



Lobstermen Tours

Fisheries Museum Wharf,
Lunenburg, NS B4V 3S5

1-866-708-3434 / 902-634-3434

www.lobstermentours.com

2 hours

45 min.

\$32 per adult
\$12 per child
\$17 per adult
\$7 per child
June 23 - Sept. 1



Zodiac Whale-Seabird Adventure

Don't miss Nova Scotia's most popular Whale/Seabird Adventure! For people who like adventure in their travel, biologist Tom Goodwin operates Nova Scotia's original zodiac cruise, searching for whales and seabirds. Exploring the Bay of Fundy for 20+ seasons! Your trip includes complimentary floater suits (for safety and warmth). Tours are usually 2-3 hours. We are a "Recommended Bay of Fundy Experience".



Ocean Explorations Zodiac Whale Cruises

PO Box 719, Tiverton, Long Island, NS B0V 1G0

1-877-654-2341 / 902-839-2417

www.oceanexplorations.ca

From
\$55 per person
June - October

Family, senior and
group rates available.



Come! Sail the Magnificent Bay of Fundy

Family owned and operated—10th year in operation! Sail aboard 42' Cape Islander. Comfortable, padded seating. Washroom on board. Crew are Coast Guard certified. Vessel is Transport inspected. Sightings include Northern Right, Humpback, Minke, Finback whales, many sea birds, seals and dolphins. We are a "Recommended Bay of Fundy Experience"



Petit Passage Whale Watch

3450 East Ferry, Digby County, NS B0V 1A0

902-834-2226

www.pppww.ca

From
\$45 per adult
taxes included
June 20 - Sept. 30

Bus Tours Welcome



Evangeline Trail



Glooscap Trail



Sunrise Trail

Join in a Scientific Survey Studying Whales

Taking a Brier Island Whale and Seabird Cruise is watching whales—and much more. Join Captain Graham on the Mega Nova to see the many species of whales, dolphins and seabirds. Fully narrated by experienced naturalists, the cruise will provide you with an experience you will not forget.



Brier Island Whale and Seabird Cruises Ltd.

223 Water Street, Westport, NS B0V 1H0

1-800-656-3660 / 902-839-2995
www.brierislandwhalewatch.com

From
\$48
per adult
taxes included
May 19 to Mid-Oct

Family rates available.

Oh, What A Rush!

The journey of a lifetime! Experience the unbelievable power of the Bay of Fundy. Feel the rush as you ride the tidal bore and shoot the churning rapids generated by the world's highest tides. Full day and half day rafting tours are available. A steak BBQ is included in our full day rafting package. Full facilities.



Shubenacadie River Runners Ltd.

8681 Highway 215 Maitland, NS B0N 1T0

1-800-856-5061 / 902-261-2770
www.tidalborerafting.com

From
\$55 per person
May - Sept.

Awesome Kayaking Adventure

Discover Cape Chignecto's fantastic rock spires, sea caves, archways and waterfalls while kayaking the Bay of Fundy and the highest tides on earth. Relax on a secluded beach while enjoying our homemade treats and hot drinks. Take in a totally different perspective walking at the cliff top as we include the park fee to view the famous Three Sisters formation.



NovaShores Adventures

Advocate Harbour, NS B0M 1A0

1-866-638-4118
www.novashores.com

From
\$75 per person
Day Tours
May 15 - Oct 15

Ride the Waves!

Don't miss action packed rafting with the original company on the Shubenacadie River. Experience the full effect of this impressive tidal river off the Bay of Fundy. During peak season receive a 10% discount for up to 2 nights on our 4-star, full housekeeping cottages. 2 & 4 hours tours available. On site licensed restaurant with daily rafter's specials. Group rates available.



Shubenacadie Tidal Bore Rafting Park

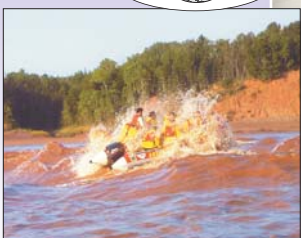
11215 Hwy 215, Urbania, NS B0N 2H0

1-800-565-RAFT / 902-758-4032
www.tidalboreraftingpark.com

Rafting from
\$50 per person
May 1 - Oct 30
Cottages: open year round

Up River White Water Rafting

Ride the tide of the Bay of Fundy as you experience the awesome power of the tidal bore (the wave that heralds the incoming tide). Then enjoy the thrill of the tidal rapids which can reach up to 16 ft. Your tour includes life jackets, rain gear, modern facilities and post-trip recreational activities. Free BBQ.



Shubenacadie River Adventure Tours Ltd.

10061 Hwy 215, South Maitland, NS B0N 2H0

1-888-878-8687 / 902-261-2222
www.shubie.com

From
\$55 per person
June - Sept.

Kayak the Northumberland

Pristine beaches nestled in secluded coves, seal colonies, lighthouses and quaint fishing villages decorate the sunny warm coastline of the Northumberland Strait. Spend a spirited adventure holiday with our certified guides who will introduce you to the natural beauty and cultural history of this unique region.



Coastal Spirit Expeditions

Two Locations: Pictou Lodge Resort and Cape John

902-351-2283
www.coastalspiritexp.com

half day **\$50** per person
full day **\$95** per person
May 15 - Oct 15

Full day includes lunch

Whale Watching Adventures

Choose between our 42ft Cabin Cruiser or our zodiac style vessel for 1 1/2 hour whale watching excursion. You'll travel along the beautiful Cabot Trail coastline. Captain Mark and our University researchers will search the seas for various whales (Pilot's, Minke's, Finbacks and Humpbacks) and dolphins. Hear the whales sing with our hydrophone. We will also look for seals, bald eagles, bear and moose on the coastline. Our 42 ft whale watching vessel is washroom equipped. We guarantee whale sightings or your money back.



Cabin Cruiser:
\$25 Adult
\$12 Child
 Zodiac:
\$44 Adult
\$37.10 Child
 May - Oct

Captain Mark's Whale & Seal Cruise

Pleasant Bay, NS BOE 2PO

1-888-754-5112 / 902-224-1316
www.whaleandsealcruise.com

Cabot Trail & Puffins & Bald Eagles & Seals

On this fun, educational 2 1/2 hour narrated tour to the Bird Islands you'll learn about the local history and the birds you'll be seeing. Be amazed as we stop to feed bald eagles. On the way back, Donelda will tell you about her life in the lobster fishery. Sail with confidence with Captain John MacAskill, Giant MacAskill's grand nephew, with 42 years experience.



Donelda's Puffin Boat Tours

St. Ann's Fisherman's Wharf, Englishtown, NS BOC 1HO
1-877-2PUFFIN / 902-929-2563
www.puffinboatours.ca

From
\$34.50 per adult
\$15.00 children 6-12
\$32.00 seniors
 May 6 - Sept 24

Kayak the Cape Breton Highlands

Join our half and full day sea kayaking adventures next to the most rugged coastline in the province. Enjoy easy family rentals in safe stable boats on beautiful South Harbour. Peek in on seabird colonies, nesting bald eagles, tour pristine beaches, caves and marshes. Delve into local history and incredible shipwreck stories, with our CRCA certified instructor/guides.



From
\$55 Tours
\$20 Rentals
 May - Oct.

Eagle North Canoe & Kayak Rentals & Tours

299 Shore Road, Dingwall, NS BOC 1GO
902-383-2552
www.kayakingcapebreton.ca

Cape Breton by Kayak

Beginners, experts, singles and families—everyone will feel welcomed by singer/songwriter Angelo Spinazzola. Angelo will lead you from unforgettable St. Ann's Bay to quiet coastal beaches and secluded nooks. Half- and full-day guided tours along with rentals and outfitting are available. Located on the Cabot Trail.



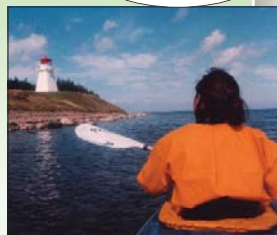
half day From **\$55** per person
 full day **\$99** per person
 May 15 to Oct 15

North River Kayak Tours

RR#4, Baddeck, NS BOE 1BO
1-888-865-2925 / 902-929-2628
www.northriverkayak.com

Kayak Cape Breton & Cottages

Make your first time in a kayak a memory. You'll learn the basics in a safe sheltered inlet. Then once you are familiar with the kayak you'll discover the rush of paddling on the majestic Bras d'Or Lakes. Explore an island or river estuary on your own or with an experienced guide. Halfday, 3-hour tour. Other tours available and waterfront cottages for rent.



From
\$40 per person
 half day
 May 15 - Oct 15

Kayak Cape Breton & Cottages

Roberta, RR#2 West Bay, NS BOE 3KO
902-535-3060
www.kayakcapebreton.com

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 Over 100 packages in the heart of Nova Scotia's outdoor country. Yours to experience! Complete outdoor enthusiast packages starting from \$79 per person.



Antigonish Eastern Shore Tourist Association

Head Jeddore, NS BOJ 1PO
1-902-889-2362
www.seacoasttour.com

Packages Starting From
\$79 per person

adventures in outdoor festivals & events

Nova Scotians take great pleasure in celebrating through hundreds of festivals and events in communities from one end of the province to the other! Here are just a few to round out your great Nova Scotia nature experience!

E2C - Adventure Challenge

Halifax, April 28 to 29, 2007

Blue Nose International Marathon

Halifax, Halifax Metro
May 18 to 20, 2007

Festival of Paragliding and Airsports

Parrsboro, Glooscap Trail
May 18 to 21, 2007

Victoria Day Weekend at Kejimikujik National Park & National Historic Site

Maitland Bridge, Evangeline Trail
May 19 to 21, 2007

Joe Earle Victoria Day Road Race

Trenton, Sunrise Trail, May 21, 2007

Albert Bridge Fishing Derby

Marion Bridge, Fleur-de-lis/
Marconi/Metro CB
May 26, 2007

3rd Annual Tern Festival

Pubnico, West
Lighthouse Route
June 22 to 24, 2007

300K For Cancer

Baddeck, Cabot Trail
July 1 to 21, 2007

Guided Nature and Mi'kmaw Culture Events

Maitland Bridge, Evangeline Trail
July 1, 2007 to August 31, 2007

Marion Bridge 10km Road Race

Marion Bridge, Fleur-de-lis/
Marconi/Metro CB
July 7, 2007

Gardens Galore Tour

Dartmouth, Halifax Metro
July 8, 2007

MacAskill Cup

St. Peter's, Fleur-de-lis/
Marconi/Metro CB
July 13 to 14, 2007

Gardens Galore Tour

Sackville, Lower, Halifax Metro
July 15, 2007

Maritime Kite and Kayak Festival

Pictou, Sunrise Trail
July 21 to 22, 2007

Park's Day in Kejimikujik

Maitland Bridge, Evangeline Trail
July 21, 2007

World "Tuna Flat" Rowing Races

Hubbards, Lighthouse Route
July 28, 2007

disAbled Sailing Regatta

St. Peter's, Fleur-de-lis/
Marconi/Metro CB
July 28 to 29, 2007

MacDonnell Cup

St. Peter's, Fleur-de-lis/
Marconi/Metro CB
August 3 to 4, 2007

28th Annual Fun Run

Annapolis Royal, Evangeline Trail
August 4, 2007

Bridgetown Triathlon

Bridgetown, Evangeline Trail
August 5, 2007

Lockeport Sea Derby

Lockeport, Lighthouse Route
August 10 to 12, 2007

Yarmouth Shark Scramble

Yarmouth, Evangeline Trail
August 16 to 18, 2007

Tuna Tournament

Wedgeport, Lighthouse Route,
August 17 to 20, 2007

Nova Scotia's Gem

& Mineral Show
Parrsboro, Glooscap Trail
August 17 to 19, 2007

Paddle Magic

Maitland Bridge, Evangeline Trail
August 17 to 19, 2007

Louisbourg Race Through Time

Louisbourg, Fleur-de-lis/
Marconi/Metro CB
August 18, 2007

John Hall Memorial Boat Races

Louisbourg, Fleur-de-lis/
Marconi/Metro CB
August 19, 2007

Dundee Cup

Louisdale, Fleur-de-lis/
Marconi/Metro CB
August 25, 2007

Cabot Trail Bicycle Tour

Baddeck, Cabot Trail
September 1 to 3, 2007

Torpedo Ray's Treasure Hunt Dive

Hubbards, Lighthouse Route
September 9, 2007

Annual Kite Festival

Lawrencetown, Marine Drive
September 2, 2007

Hike the Highlands Festival

Ingonish Beach, Cabot Trail
September 14 to 23, 2007

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For more details on how to get here by air, land and sea, visit us online. And while you're there, take your vacation for a virtual test drive using our exciting new travel tool, Google Earth.

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